

Entry Form

(Please print neatly!)

Name: _____ Age: _____ Sex: _____

Entry fee:

\$12 - without a shirt

\$28 - with a shirt:

S M L XL

Address: _____ DOB: _____ / _____ / _____
month day year

City: _____ State: _____ ZIP: _____

SVR member? yes no
(*\$1 discount for SVR members*)

Phone: (_____) _____ — _____ E-mail: _____

Amount enclosed: \$ _____

Make checks payable to "SVR"
and mail with entry form to:

Greasy-Gooney 10K
c/o Karsten Brown
1195 South River Road
Front Royal, VA 22630-8317

WAIVER: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following: the Shenandoah Valley Runners, the Warren Heritage Society, Terry Leckie, Karsten Brown, the owners of the property on which the race is being staged, and all additional contributors, sponsors and assigns for any injuries suffered by me in the scheduled October 24th, 2009 event. I attest and verify that I am physically fit and have effectively trained to complete this race. I understand the event's rules and restrictions, assume all risks associated with the event, and agree to abide by the decision of any race official relative to my participation.

Signature: _____ Date: _____

(Parent or guardian's signature if under 18)

(Race day registration is also available. Please note that while our entry fees remain the same on race day, our shirt supply may be limited.)