

Stupid Little 10 Miler & 5K

SUNDAY 22 MARCH 2009 • WATERMELON PARK, NEAR BERRYVILLE, VA



In these tough economic times, it pays to invest one's time and money wisely. That's why runners of all abilities should avoid the 7th running of the Stupid Little 10 Miler & 5K. As the race name suggests, this event is low-key, low-budget, questionably organized, and thoroughly stupid. Don't say we didn't warn you!

WHEN & WHERE

The event takes place at Watermelon Park, a campground in Clarke County, Virginia near Berryville. The 10 miler starts at **8:02 AM** sharp, and the 5K starts at **8:12 AM**. Race day registration and check-in are from 7:02 to 7:47 AM.

COURSES

Both courses are USATF-certified and very scenic, heading out and back on mostly gravel rural roads along the Shenandoah River. The **10 MILER** is two-thirds flat, with two unavoidably hilly sections at miles 2½ and 6¼. There will be at least one water stop (which runners will pass twice). The **5K** is almost entirely flat and has no water stops.

AWARDS & PRIZE MONEY

- OVERALL:** The top three male & female finishers in each race will receive a cheap trophy, a metal token, the deed to a valuable Atlantic City property, one hotel, and money (\$1,500* for 1st, \$758* for 2nd, \$686* for 3rd).
 - AGE GROUPS:** In each age group, first place receives \$186* and the deed to an Atlantic City property or utility; second place receives \$86* and a small green house; and third place receives \$36* and a Chance or Community Chest card. Age groups start with 19 & under in the 10 miler and with 14 & under in the 5K, proceeding in 5-year groups to 70 & over.
 - SPECIAL AWARDS:** Actual U.S. currency and an Oscar-like trophy will go to the 25th finisher in each race (\$30 in the 10 miler, \$15 in the 5K). Cheap trophies will be given to the second to last finishers and to the first male & female in each race who would not have received an award otherwise.
- * **NOTE:** All prize money (with the exception of the money for 25th overall) is in the form of "Monopoly money" and is not legal tender (except when playing Monopoly).



QUESTIONS? WANNA HELP?

Contact stupid little race director Karsten Brown at (540) 635-1773 or karsten@shentel.net! For lots more race info, including maps, course photos, and past results, visit the race's Web site at:

<http://user.shentel.net/karsten/stupid/>

Entry Form

Make checks payable to "Shenandoah Valley Runners" and mail with completed entry form to: Stupid Little 10 Miler & 5K, c/o Karsten Brown, 1195 South River Road, Front Royal, VA 22630-8317.

OFFICIAL USE

Name: _____ Age: _____ Sex: _____

Address: _____ Birthdate: ____/____/____

City: _____ State: _____ ZIP: _____

Phone: (____) _____ - _____ E-mail: _____

WAIVER: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following: race director Karsten Brown; the event's volunteers; Watermelon Park, its owners and employees; Clarke County, Virginia; the Shenandoah Valley Runners; and all additional contributors, sponsors and assigns for any injuries suffered by me in the scheduled March 22nd, 2009 event, whether caused by the active or passive negligence of all or any of the Releasees or otherwise. I realize that running a race is a potentially hazardous activity, and I attest and verify that I am physically fit and have effectively trained to complete this race. I have read the fine print, understand the event's limitations and rules, assume all risks associated with the event, and agree to abide by the decision of any race official relative to my participation. In summary, I will not sue or complain.

Signature (parent or guardian's signature if under 18): _____

Date: _____

REGISTRATION

- STANDARD ENTRY:** \$5.99 early; \$7.99 race day. \$1 discount for members of the Shenandoah Valley Runners & the Loudoun Road Runners Club. Entrants will receive one of our world-famous Stupid Little 10 Miler & 5K pencils (while supplies last)!
- PREMIUM ENTRY:** \$249.99 (available through Wed. 4 March only). Includes race t-shirt, a special portajohn for your private use on race day, a 100 Grand candy bar, a Monopoly board game, and more!

Notes: Entry fees must be paid in legal U.S. currency. This event is not a fundraiser, but all proceeds (if any) will be donated to the American Heart Association.



THE FINE PRINT

- The courses will be open to vehicular traffic, and there will be no course marshals except at the turnaround points. Each runner is responsible for his or her own safety and for following the course markings. (Parents of younger runners need to consider this before deciding whether or not to let their children participate.)
- For safety and insurance reasons, participants may not run the race with headphones, baby joggers, or dogs. Violators will be disqualified. Yes, really!
- On-site medical assistance will not be available.
- In the event of snow, ice, or flooding, the event may be modified or cancelled.
- Entry fees are non-refundable, and entries are non-transferable.

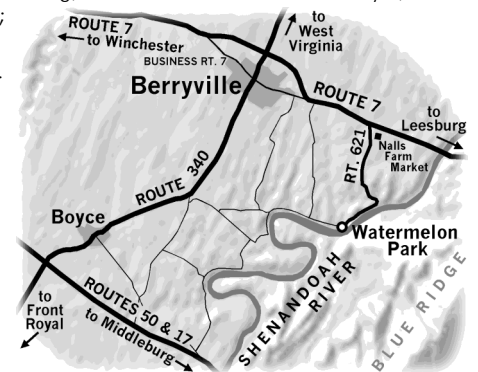


DIRECTIONS

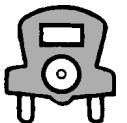
Watermelon Park is located at 3322 Lockes Mill Road, a few miles southeast of Berryville. The park is 18 miles east of Winchester; 25 miles west of Leesburg; 28 miles northeast of Front Royal; and 65 miles west of DC.

FROM THE WEST: Follow Rt. 7 east. About 3.5 mi. past the Berryville exit for Route 340, turn right onto Rt. 621 (by Nalls Farm Market), then drive 3.4 miles to the park.

FROM THE EAST: Follow Rt. 7 west. Two miles past the Shenandoah River bridge, turn left onto Rt. 621 (by Nalls Farm Market), then drive 3.4 miles to the park.



Disclaimer: This race is in no way endorsed by or affiliated with Hasbro or Parker Brothers, the makers of the Monopoly board game. Learn more about the game at Monopoly.com.



WHICH RACE? (check one)

10 miler 5K

ENTRY FEE: (check one)

- SVR member (\$4.99 early, \$6.99 race day)
- Loudoun RRC member (\$4.99 early, \$6.99 race day)
- Non-member (\$5.99 early, \$7.99 race day)
- Premium entry (\$249.99, thru 4 March only)